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Visit us on the web – www.drjodie.net

November 1st
Blood Drive
See Inside for Details

Accepting new patients and referrals.

Oral B Triumph
Electric Toothbrush
For Only \$84.99!
Retailer for \$124.99

Blood Drive – Nov 1st

BONFILS  BLOOD CENTER

Blood Drive, November 1, 2007, 10:00am to 3:30pm at Dr. Jodie Moreland's Office in Littleton.

We are scheduled with Bonfils to hold a Blood Drive November 1, 2007 in memory of Bethany Amrich our former office manager, who passed away November 2006.

Please call the Office, (303)798-4571 to schedule your time slot. You can also schedule your time slot online at www.drjodie.net and click on the Bonfils Blood Drive link.

This blood drive will help others as well as honor Bethany's life!

Thanks in advance for your blood donation. Donating blood truly saves lives.

Typical Blood Usage

40 percent of the community blood supply is used for emergency transfusions. The rest is used for scheduled surgeries and therapy.

Bleeding Ulcer = 3-30 units. Organ Transplant = up to 300 units. Cancer = up to 8 units per week. ■



Bethany Amrich

Smiles!

NEWSLETTER

DR. JODIE MORELAND

WWW.DRJODIE.NET

FALL 2007

Xylitol – What is it?

The following information has been taken from www.xylitol.org

What is Xylitol?

Pure xylitol is a white crystalline substance that looks and tastes like sugar. On food labels, xylitol is classified broadly as a carbohydrate and more narrowly as a polyol. Because xylitol is only slowly absorbed and partially utilized, a reduced calorie claim is allowed: 2.4 calories per gram or 40% less than other carbohydrates

Over 25 years of testing in widely different conditions confirm that xylitol is the best sweetener for teeth. Xylitol use reduces tooth decay rates both in high-risk groups (high caries prevalence, poor nutrition, and poor oral hygiene) and in low risk groups (low caries incidence using all current prevention recommendations). Sugarfree chewing gums and candies made with xylitol as the principal sweetener have already received official endorsements from six national dental associations.

Why Use Xylitol?

Effective studies using xylitol as either a sugar substitute or a small dietary addition have demonstrated a dramatic reduction in new tooth decay, along with arrest and even some reversal of existing dental caries. Xylitol provides additional protection that enhances all existing prevention methods. This xylitol effect is long-lasting and possibly permanent. Low decay rates persist even years after the trials have been completed

Natural

Xylitol is right here, inside, already. Our bodies produce up to 15 grams of xylitol from other food sources using established energy pathways. Xylitol is not a strange or artificial substance, but a normal part of everyday metabolism. Xylitol is widely distributed throughout nature in small amounts. Some of the best sources are fruits, berries, mushrooms lettuce, hardwoods, and corn cobs. One cup of raspberries contains less than one gram of xylitol. Chewing is a natural process and chewing gums provide some exercise lacking in a refined diet. If chewing is uncomfortable, xylitol mints or candies can also stimulate saliva, the natural tooth protector.

Safe

In the amounts needed to prevent tooth decay (less than 15 grams per day), xylitol is safe for everyone.

Currently Dr Jodie's is selling the following Xylitol products:

Xylitol Products

| | |
|------------------------------|---------|
| Calcium Crunch Chocolate Bar | \$ 2.50 |
| Raspberry Cardio Bar | \$ 2.50 |
| Spearmint Gum - 100 pcs | \$10.99 |
| Cinnamon Gum - 100 pcs | \$10.99 |
| Peppermint Mints - 240 ct | \$13.99 |
| Lemon Mints - 240 ct | \$13.99 |
| Mouthwash - 16 oz | \$10.99 |

Special Introductory Offer

| | |
|------------------------------|----------|
| Calcium Crunch Chocolate Bar | 2/\$4.00 |
| Raspberry Cardio Bar | 2/\$4.00 |

Some of Our Favorite Poses!



Beeble
Giving Kisses



Willie
Hot Dog – A Picture!



Clodagh
The Flossing Dog



Wrangler
Swinging Anyone?



Clodagh, Conar & Fallan
Favorite Pose



Levi
Strike a Pose!



Dino
The Cat that Thinks
He's a Dog!
He walks on a leash and
loves to ride in a car.

*2007 Patient Appreciation Picnic and Pet Parade
And the Winner Is...*



Cooper & Mattie
Best Trick Contest Winner



Willie & Wrangler
Best Costume Contest Winner

*Congratulations
To All the Winners!*

Congratulations to All Attendees you are all winners in our eyes.

On Saturday, August 25, Dr. Jodie and staff hosted our fourth annual Patient Appreciation picnic. We had a terrific turnout and gorgeous weather. Thanks again to all of you who took the time out of your busy weekend to make our annual gathering such a success! ■

More of Our Favorite Poses!



Winston & Hannah
Just Hanging Out



Fallan
Border Collie Puppy



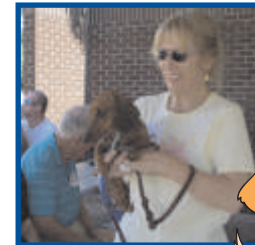
🐾 *Our Raffle Winners* 🐾

| | |
|---|--|
| <p>Teri Virbickis Triumph Electric Toothbrush</p> | <p>Allen Whitaker Ruby Tuesdays Gift Certificate</p> |
| <p>Annaleah Whitaker AppleBees Gift Certificate</p> | <p>Ashley Prescott Boston Market Gift Certificate</p> |
| <p>Rod Sidener Rockies Tickets to Fireworks Game</p> | |



*Special Thanks to
all that attended!
We love our patients!*

*Special thanks again to
Rod & Dorothy Sidener
for the wonderful pictures.*



Gracie
Watching the Festivities



Thomas

